



## SPAGHETTI SAUCE

### USING BRIGHT HARVEST FROZEN MASHED SWEET POTATOES

- 8 Parts Canned Spaghetti &/or Marinara Sauce  
2 Parts Frozen Bright Harvest Mashed Sweet Potatoes (thawed)

#### **METHOD:**

Blend spaghetti sauce with **Bright Harvest Mashed Sweet Potatoes**. Heat through and serve over pasta. Browned ground beef can be added if desired.

**For institutional applications:** For each #10 can of spaghetti sauce or marinara sauce, add 4 cups of thawed Bright Harvest Frozen Mashed Sweet Potatoes.

NOTE: This is a way to **reduce the fat** content per ounce of sauce while adding **vitamin A**

**ESPECIALLY DESIGNED FOR SCHOOL SERVICE USE**